



EMERGENCY RESPONSE FOR THE ATHLETE

LEARNING OBJECTIVES

At the conclusion of the ERA course, the learner will be able to:

- Explain how the Emergency Response System works in each participant's particular locale.
- Analyze the legal ramifications of specific case studies discussing athlete care.
- Describe the state practice act as it pertains to each participant's licensed locale.
- Demonstrate prevention of disease transmission using appropriate precautions with venue-specific considerations.
- Perform a primary and secondary assessment on a simulated injured athlete.
- Demonstrate the appropriate use of emergency oxygen.
- Demonstrate the use of a metered dose inhaler.
- Demonstrate the use of an EpiPen for anaphylaxis.
- Describe the chain of survival including an outline of risks for cardiac emergencies in sports.
- Demonstrate skills in CPR and AED use.
- Describe the various blood rules in sports as it pertains to immediate care.
- Outline the differences in wound care supplies based on the rules and regulations of the sport.
- Evaluate and treat open wounds with the appropriate supplies.
- Evaluate and treat acute sprains, strains, dislocations, and fractures with appropriate supplies.
- Assess the abdomen with a focus on appropriate care of injuries.
- Assess the thorax with a focus on appropriate care of injuries.
- Discuss the increased incidence of eye and facial injuries in sports and explain how to treat appropriately.
- Perform a SCAT 5 concussion evaluation.
- Discuss how to provide immediate care for an athlete suffering from exertional heat illness.
- Review the appropriate care of the spine-injured athlete.
- Demonstrate spinal-restricted motion on an athlete with a suspected spine injury.