

EMERGENCY RESPONSE FOR THE ATHLETE

DAY ONE (6.5 hours)

8:00-8:15 Introduction

8:15-8:30 (15) Course Overview

8:30-9:00 (30) Legal/Scope of Care Case Studies

9:00-10:00 (60) Primary & Secondary Assessment (Labs)

10:00 *Break*

10:15-11:15 (60) Review of Airway, Asthma, Anaphylaxis, Oxygen & Pulse Ox

11:15-12:15 Lunch

12:15-1:00 (45) Environmental Factors with Focus on Heat Stroke

1:00-2:00 (60) Shock, Bleeding, & Wound Care (Labs)

2:00 Break

2:15-3:45 (90) Injuries to Muscles, Bones, & Joints (Labs)

3:45-4:15 (30) Equipment Review

4:30 Optional CPR Skills Review

DAY TWO (8.25 hours)

8:00-8:15 (15) Review

8:15-9:30 (75) Concussion Updates

9:30-10:00 (30) Head & Spine Injuries with Video

10:00 Break

10:15-11:00 (45) Face, Thorax, Abdominal Injuries (Labs)

11:00-12:00 (60) Emergency Action Plans, Incident Action Plans, EMS Relationships

12:00-1:15 (75) Spinal Immobilization (Lab)

1:15-1:45 *Lunch*

1:45-5:00 (195) Practicals